VH.

Mango Curry Chicken



PREP TIME: 10 MIN

COOK TIME: 20 MIN

SERVES: 4

Ingredients:

- 2 tbsp (30 mL) vegetable oil
- 1 lb (500 g) boneless, skinless chicken breasts, cubed
- 1 large white onion, chopped
- 1 jar (341 mL) VH® Mango Chicken
- 2 cups (500 mL) steamed jasmine rice
- 2 sliced green onions

Directions:

- 1. Heat oil in a medium saucepan over medium-high heat. Add chicken and cook, stirring occasionally, for 5 minutes or until lightly browned all over. Transfer to plate.
- 2. Add onion; cook for 5 minutes or until softened. Add 1/2 cup (125 mL) water and VH® Mango Chicken Sauce; bring to a boil. Reduce heat to medium-low; return chicken to saucepan.
- 3. Simmer, partially covered, for 10 minutes or until chicken is cooked through and sauce is slightly thickened. Serve over steamed jasmine rice and sprinkle with green onions.

Tips:

Sprinkle with chopped toasted cashews, if desired. Substitute shrimp for the chicken.

Other Usage:



Mango Curry Chicken

Stir into mayonnaise and serve with sweet potato fries for dipping. Brush onto grilled salmon or grilled shrimp. Serve as a dipping sauce for fried fish fingers.