



PREP TIME : 5 MIN

COOK TIME : 15 MIN

SERVES : 4

Ingredients :

- ***1 1/2 tbsp (22 mL) vegetable oil***
- ***1 lb (500 g) boneless skinless chicken breasts, cut into 1-inch cubes***
- ***3 cups (750 mL) broccoli florets***
- ***1 jar (341 mL) VH[®] Butter Chicken Sauce***
- ***1 1/2 cups (375 mL) chopped fresh tomatoes***

Directions :

- 1. Heat oil in large non-stick skillet set over medium-high heat. Add chicken; stir-fry for 5 minutes.***
- 2. Stir in broccoli; cover and cook for 5 minutes over low heat.***
- 3. Stir in VH[®] Butter Chicken Sauce and tomatoes; cook, stirring, for 5 minutes.***
- 4. Serve with rice or boiled potatoes. Add a sprig of parsley as a garnish.***

The recipe from the label.