



PREP TIME : 10 MIN

COOK TIME : 15 MIN

SERVES : 6

Ingredients :

- ***1 1/2 lb (750 g) red-skinned potatoes, unpeeled, thinly sliced***
- ***1 lb (500 g) boneless beef sirloin, thinly sliced***
- ***Salt and pepper***
- ***PAM[®] Original Cooking Spray***
- ***1 medium onion, chopped***
- ***1 cup (250 mL) ketchup***
- ***1/2 cup (125 mL) VH[®] Medium Garlic Rib Sauce***
- ***1 tbsp (15 mL) Worcestershire sauce***
- ***1 can (10 oz/284 mL) sliced mushrooms, drained***
- ***1 1/2 cups (375 mL) frozen small mixed vegetables***

Directions :

- 1. Microwave potato slices in covered microwaveable container 8 minutes or until tender.***
- 2. Season beef with salt and pepper. Generously coat large skillet or electric frying pan with PAM[®] Cooking Spray. Heat over medium-high heat. Cook and stir beef with onion about 5 minutes or until beef is browned and onion is tender.***
- 3. Stir together ketchup, rib sauce, and Worcestershire in small bowl. Stir mushrooms, mixed vegetables and sauce into beef mixture. Cook over medium-low heat 3 minutes or until heated through. Add potatoes; toss until well coated.***



Hearty Beef Skillet Supper

Kid-pleasing Variation:

Substitute 1 lb (500 g) ground beef for the sirloin and 3 cups (750 mL) frozen hash brown potatoes for the red-skinned potatoes (microwaved until heated through).

Quick 'kid-friendly' family dinner in a tasty sauce.