

Grilled Seasoned Burgers



PREP TIME : 5 MIN

COOK TIME : 20 MIN

SERVES : 6

Ingredients :

- ***PAM[®] Grilling Spray***
- ***3/4 cup (175 mL) VH[®] Sweet & Spicy Szechwan***
- ***1 1/2 lb (750 g) lean ground beef***
- ***1/2 cup (125 mL) VH[®] Plum Dipping Sauce***
- ***6 hamburger buns***
- ***6 lettuce, sliced tomato and sliced onion***

Directions :

- 1. Spray grill and utensils with PAM[®] Grilling Spray. Preheat grill to medium heat.***
- 2. Combine 1/4 cup (50 mL) VH[®] Sweet & Spicy Szechwan Sauce with ground beef and season with salt and pepper. Shape beef mixture into 6 patties.***
- 3. Cook patties on grill; turning once, for about 10 minutes or until no longer pink inside.***
- 4. Meanwhile, combine VH[®] Plum Sauce and remaining VH[®] Szechwan Sauce to make the VH[®] Special Sauce.***
- 5. Serve burgers on buns with lettuce, tomato, onion and lots of VH[®] Special Sauce.***